

SOUTH LYON HIGH SCHOOL ATHLETICS



2018 - 2019 WINTER
NEWSLETTER

ATHLETIC DIRECTOR: MIKE TEAGAN

ATHLETIC SECRETARY: BRIANNA WIATER

ATHLETIC TRAINER: JUSTIN EDWARDSON

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WWW.SLHSLIONS.COM

2018 Winter Season



COACH CONTACTS



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WRESTLING	ZAQ MAKOWSKI	ZMAKOWSKI@YAHOO.COM

2018 Winter Season

DEPARTMENT POLICIES



Philosophy & Objectives

The South Lyon Community Schools believe that athletics are an integral part of the total educational program. Not everyone can be a member of a team, but everyone can benefit from the programs offered by the Athletic Department. Our purpose is to provide experiences not otherwise available in the school classroom curriculum. The criteria upon which our programs are judged are as follows:

1. Athletic participation is a privilege not a right.
2. Sportsmanship is our top priority. Since the community as a whole provides the support necessary to operate the athletic program, the student-athletes and coaches should always conduct themselves in a manner that brings only respect and admiration to themselves, the school, and community.
3. Participation is for those who demonstrate outstanding skills in the respective sports.
4. Success is not measured in terms of wins and losses. Rather we hope to develop character, improve skill performance and represent our school and community well.

The main objective of the Athletic Department is to promote a series of athletic contests with other schools for the purpose of developing good sportsmanship, new friendships, improved skills, and better community relations. The athlete will be offered increased opportunities for:

1. Learning sportsmanship and being afforded the opportunity to display good sportsmanship. Student-athletes should recognize that they are in a very visible position and with this increased visibility comes increased responsibility. Because of this responsibility, student-athletes are expected, through their example, to encourage other students to exhibit acceptable behavior.
2. Improving physical skills and establishing exercise habits that promote good health.
3. Developing strong and lasting friendships.
4. Developing the understanding that the rules of a game are similar to the rules of everyday life.

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DEPARTMENT POLICIES



Eligibility

Minimum semester GPA of 1.7 and no end of semester Es or Is establishes eligibility for the next semester. Once eligibility is established students must pass a minimum of four classes before official eligibility checks, generally the 1st of the month. Minimum time of ineligibility is two weeks at each grade check as long as they are passing 4 out of 6 classes. Minimum time of ineligibility is six weeks at the semester check as long as student regains eligibility with a 1.7 GPA and no Es. Semester incomplete must be eliminated to restore eligibility with a 1.7 GPA and no Es.

Attendance

Student-athletes are expected to attend and participate in all practices and team meetings, and carry out the directives of coaches.

In order to participate in any Athletic Department PRACTICE OR CONTEST, the athlete must be in attendance the entire school day of the practice or contest. Exceptions would be such things as pre-arranged medical or dental appointments, scheduled court appearances, death in the family or funeral attendance. These must be cleared with the Athletic Director in advance. Last minute or day-of doctor, dentist, orthodontist, etc. appointments must be accompanied by a doctor's note in order to participate that afternoon.

Any athlete, who is suspended, (either out of school or in-school suspension) for violation of the policies and regulations of the student handbook, WILL BE PROHIBITED FROM PARTICIPATION IN CONTESTS OR PRACTICES on the day that the suspension is served. Failure to attend a practice or competition without a valid excuse, (as outlined above) may result in loss of participation for up to one calendar week from the date of the unexcused absence. A second unexcused absence will result in up to two weeks loss of participation, and a third unexcused absence will result in removal from the squad.

2018 Winter Season

DEPARTMENT POLICIES



Transportation

In certain circumstances, the School District may provide transportation to and/or from events related to the extracurricular activity/athletic program. In consideration for the opportunity to participate in the elective extracurricular activity/athletic program, the student will ride in District-provided transportation, if available. If District-provided transportation is available, a student may only ride with his/her parent or legal guardian instead of District-provided transportation if an Election to Transport Student From School-Sponsored Event Form has been submitted and signed by a student's parent/guardian.

In certain circumstances, the School District may not provide transportation to/from the elective activity/athletic program, including practices. In those circumstances, the student and, if the student is a minor, his/her parent or legal guardian take full responsibility for the student's transportation. If District-provided transportation is unavailable, the decision as to whether a student will personally drive, ride with his/her parent or legal guardian, ride with the parent or guardian of another student participant, or ride in a vehicle driven by another student participant shall be exclusively made by the student and the student's family. The District shall bear no liability for the consequences of such decision.

No person who drives the student to or from the elective extracurricular activity/athletic program, including practice, for which the School District does not provide transportation, shall be considered an agent or servant of the School District, in any respect or for any purpose, while driving my student to or from such practice or activity. Should any claim be made against the School District based on the driving conduct of any such person while that person is providing transportation for the Student, the Student and/or his parent or legal guardian will defend, indemnify and hold the School District harmless as to such claim.

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ATHLETIC TRAINING POLICIES



Concussions

A concussion is a type of traumatic brain injury that changes the way the brain normally works. A concussion is caused by a fall, bump, blow, or jolt to the head or body that causes the head and brain to move quickly back and forth. Even a mild bump to the head can be serious.

Signs and symptoms of concussions can show up right after the injury or may not appear or be noticed until days or weeks after the injury. If the student reports any symptoms of a concussion, or if you notice symptoms yourself, seek medical attention right away. A student who may have had a concussion should not return to play on the day of the injury and until a health care professional says they are okay to return to play. After a concussion, returning to sports and school is a gradual process that should be monitored by a health care professional.

Some common signs of concussions are as follows: Appears dazed or stunned, Forgets an instruction, Can't recall events, Moves clumsily, Answers questions slowly, Loses consciousness, Shows mood changes, Complains of headache, Shows symptoms of nausea, Sensitive to light/noise, Has issues with sleeping, Complains of grogginess

SLHS Training

Students who visit the doctor for an injury need clearance from that doctor before they return to play. Clearances should be turned in to the SLHS athletic trainer, Justin Edwardson. He will confirm the student is cleared to return to play and communicate that with the student's coach.

The SLHS athletic trainer is here as a service for our student-athletes to help evaluate, rehab, and treat sport injuries as well as other training concerns. He is available at after school practices, contests, and other athletic events.





2018 Winter Season

HELPFUL WEBSITES: SLHSLIONS & LVC



MENU FILE EDIT BOOKMARKS HISTORY VIEW OPTIONS HELP

http://website.com

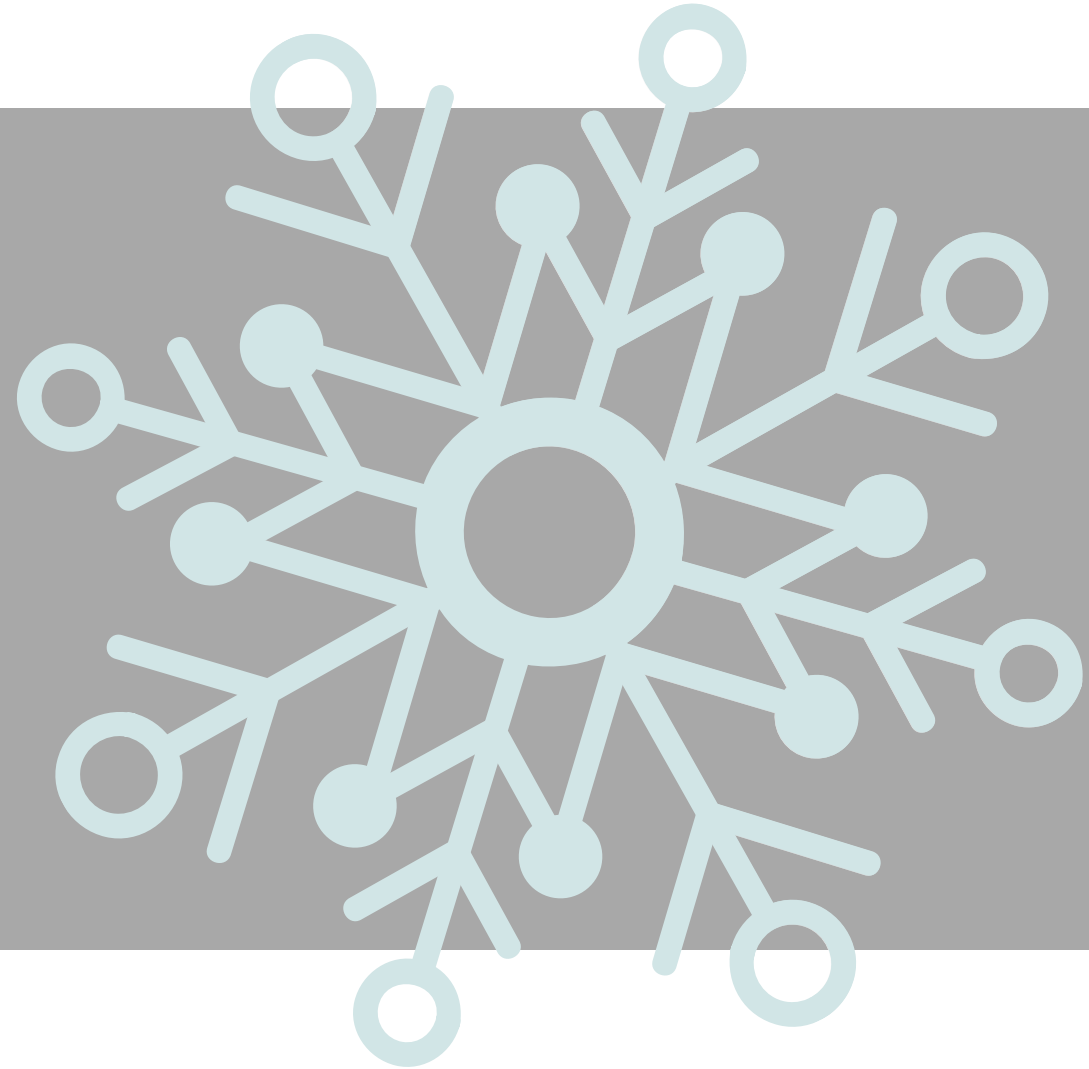
WWW.SLHSLIONS.COM

- See up to date schedules for SLHS teams including busing info
- See rosters, coaching staff, and team information
- Sign up for email and text notifications for your favorite teams!

WWW.LAKESVALLEYCONFERENCE.ORG

- See scores and rosters for all conference members
- Stay up to date with the latest conference news
- Find links to other schools' athletic websites
- View event & away game locations

NOTE FROM THE YEARBOOK STAFF: Help us get all of this season's pictures with ReplayIt, South Lyon's home for every photo of the year! Download the free app to share your photos with the yearbook staff, to view photos of your friends and family, and to see the school year as it happens. Please use the following link to register ---> <http://www.replayit.com/r/>



2018 Winter Season

MHSAA POLICY: INCLEMENT WEATHER



I. On threatening days, game management should consult with contest officials about steps to be followed if conditions worsen.

II. When suspending an outdoor contest, officials and game management shall follow these policies.

A. When lightning is observed or thunder is heard, the contest must be suspended. The occurrence of lightning or thunder is not subject to interpretation or discussion — lightning is lightning; thunder is thunder.

B. Severe weather in the form of rain or snow may make the field unplayable.

III. When a contest is suspended, the home school administration shall attempt to arrange for the security of all participants.

A. Contestants and support personnel shall be moved to appropriate indoor facilities.

B. When lightning is observed or thunder is heard and the contest is suspended, contestants shall not return to the playing field until lightning has been absent from the local sky and thunder has not been heard for 30 minutes.

C. Spectators shall be advised of the action being taken to seek shelter. (Some hosts may be able to offer shelter to spectators but are not required to do so.)

IV. In considering resumption of competition, the following steps shall be followed.

IV. In considering resumption of competition, the following steps shall be followed.

A. Delays for contests scheduled prior to 3 p.m. must not exceed three hours. Delays for contests scheduled for 3 p.m. or later must not exceed one and one half hour. Delays on nights not followed by school for all the competing teams may be longer by mutual agreement of participating schools. A postponed contest shall be rescheduled on a date/time mutually agreed to by the schools involved.

B. A decision to resume the contest within the time frame must be made by the officials who shall consult the home team administration and visiting school administration present at the contest.

C. The home school is responsible for facilities and will be given priority consideration in the final decision if there is not consensus among the three parties.

D. The final decision shall consider liability and conditions of facilities as well as future schedules, need to play the contest and finally the quality of all other options.

NOTE: MHSAA tournament policies for MHSAA tournament contests, or more restrictive local policies for regular-season contests would supersede these policies and should be shared with the opponents and officials prior to the contest, preferably in writing. Otherwise, and to the extent allowed by the playing rules code, the official(s) shall make the final decision regarding game suspension once the game begins.





2018 Winter Season

ATHLETIC DEPARTMENT

AWARDS: WINTER



SOUTH LYON ATHLETICS



Certificates & Numerals

Any athlete who successfully completes and fulfills the requirements determined by the head coach in a given season shall receive a participation certificate for the level at which they played. After successful completion of the athlete's first season of competition, they will receive their graduation year numerals.

Varsity Awards

Any athlete who successfully completes a first season of varsity level competition and fulfills all requirements determined by the head coach shall be awarded a varsity letter. Any athlete who successfully completes a second season of varsity competition in a particular sport shall be awarded a bronze varsity medal for that sport. After three years in that sport, they will receive a silver varsity medal and third year varsity plaque. After four years, they'll receive a gold varsity medal and a fourth year varsity plaque.

Academic Awards

- GPA of 3.0 – 3.24 ... Bronze Scholar-Athlete Medal
- GPA of 3.25 – 3.74 ... Silver Scholar-Athlete Medal
- GPA of 3.75 or Above ... Gold-Scholar Athlete Medal

The GPA will be based on the following: Fall Sports, October 15th grades; Winter Sports, Semester 1 grades; Spring Sports, May 1st grades.

LAKES VALLEY CONFERENCE



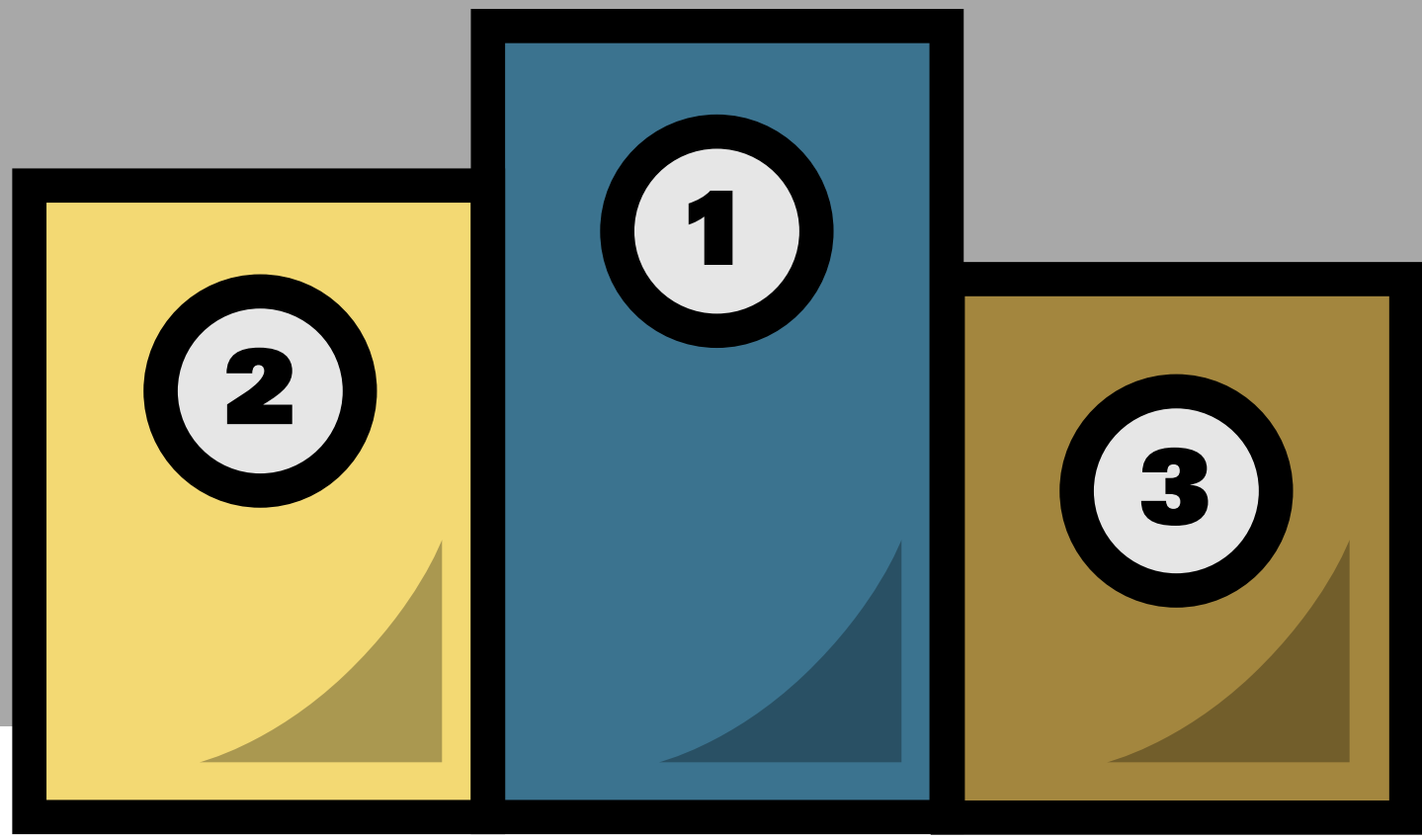
LVC Scholar Athlete Patch

Recipients of this award will receive an LVC Scholar Athlete Patch for the first time it is earned only. For each subsequent season the athlete earns this award, they will be rewarded with an LVC Scholar Athlete Pin. To qualify for this award, the student must be a 10th, 11th, or 12th grade varsity level athlete with a cumulative GPA of 3.25 or higher.

LVC Three Sport Patch

Any athlete who successfully fulfills the following requirements will receive an LVC Three Sport Patch for the first time it is earned only. For each subsequent season the award is earned, they will receive an LVC Three Sport Chevron.

- Must complete one fall, winter, & spring season in a given school year
- Must have varsity standing in at least one of the three sports
- Must be academically eligible the entire three seasons of competition
- Must complete each sport in good standing



2018 Winter Season

MHSAA PLAYOFFS

WINTER 2018-2019



TEAM

HOST SCHOOL

DATE(S)

Dates and pairing information will be coming soon! Please check with your varsity coach and at www.shlslions.com in the coming weeks!





2018 Winter Season

SLHS ATHLETICS:
GET IN TOUCH!



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ATHLETIC OFFICE HOURS: MONDAY - FRIDAY 8:00AM-4:30PM

 Connect with us on Twitter! | @SLHSLions  #GoLions

www.slhslions.com